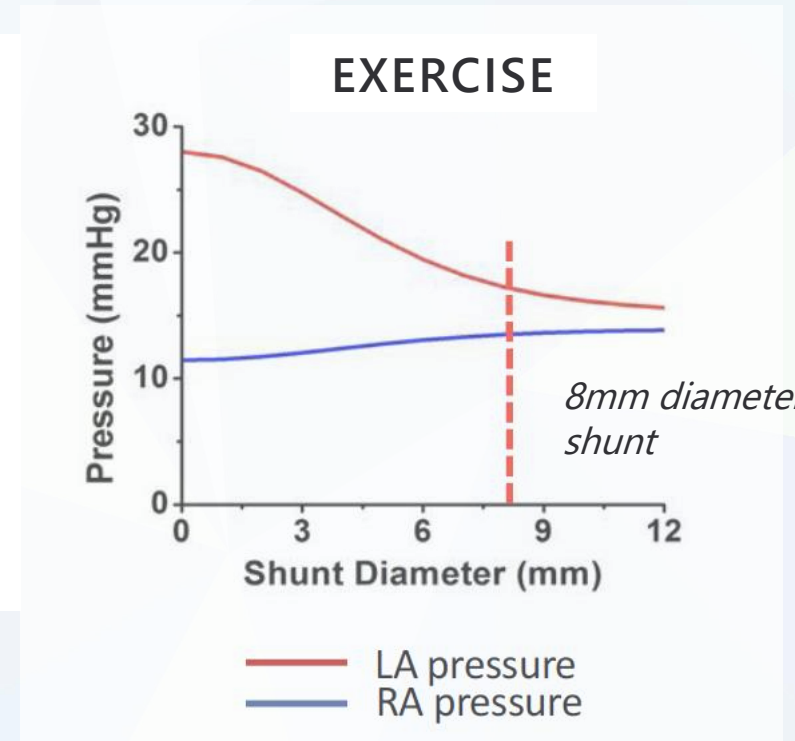
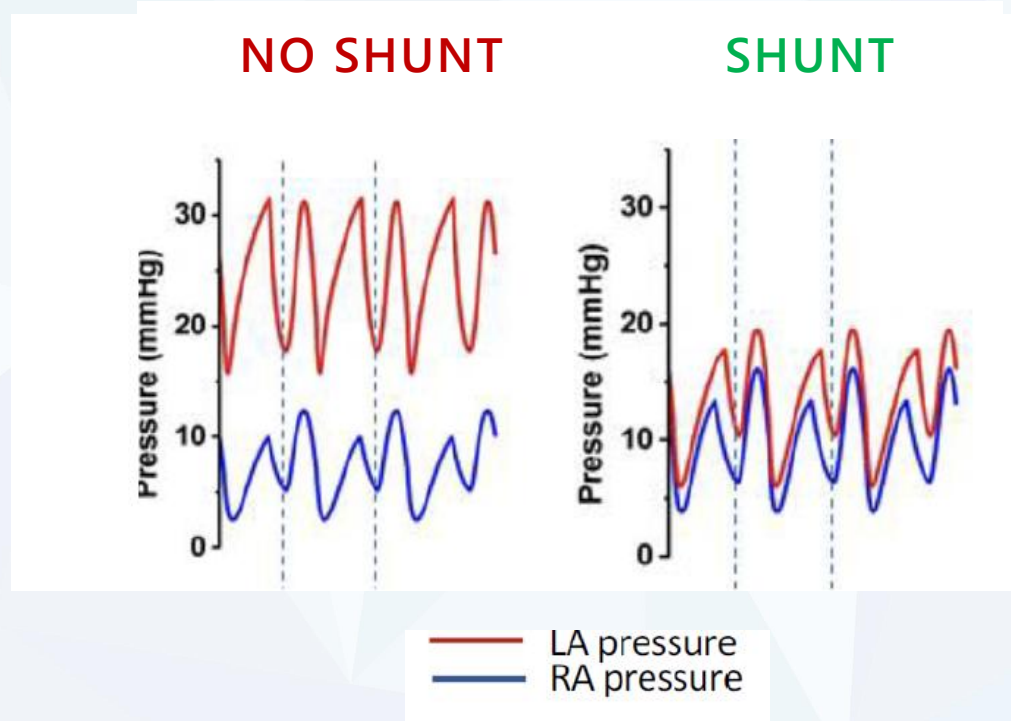
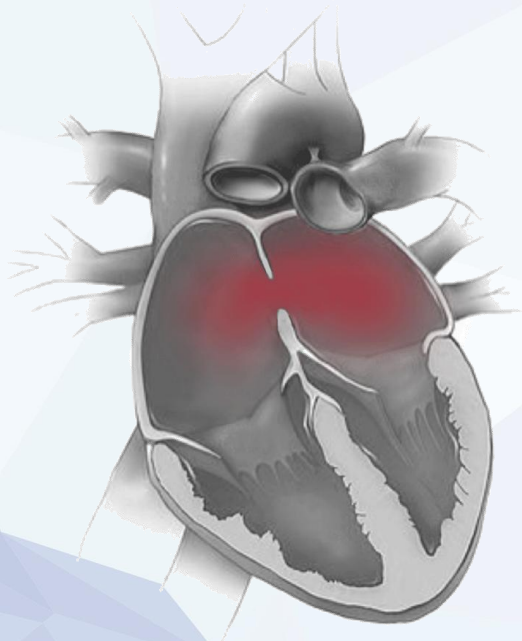


Tratamiento de la IC con shunt inter-atrial ¿Dónde estamos y a dónde vamos?

Dr. Julio Núñez

Shunt interatrial: plausibilidad

El shunt interatrial ha mostrado resultados prometedores como tratamiento para pacientes sintomáticos mediante descarga auricular izquierda a derecha.



Reduce LAP-HF II Trial Design¹

PURPOSE: Evaluate the clinical efficacy and safety of the Corvia Atrial Shunt to improve quality of life and reduce HF related symptoms and events in patients with HFpEF or HFmrEF.

STUDY POPULATION

(N=626 randomized)

- Symptomatic HF
- Ongoing GDMT
- Age ≥ 40
- LVEF $\geq 40\%$
- Preserved RV function
- Elevated exercise PCWP (≥ 25 mm Hg) with left-to-right gradient (≥ 5 mm Hg)
- Pulmonary vascular resistance (PVR) < 3.5 Wood units at rest or peak exercise

ATRIAL SHUNT TREATMENT

(N=314)

SHAM CONTROL

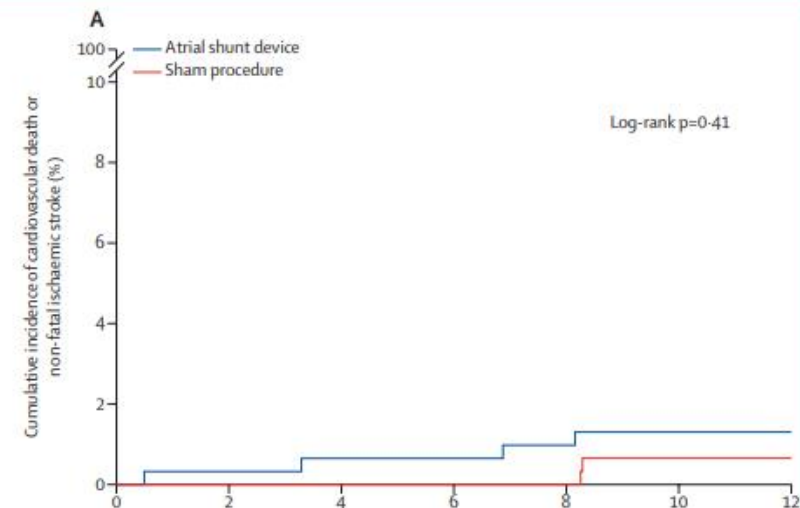
(N=312)

The primary endpoint was a hierarchical composite of cardiovascular death or non-fatal ischemic stroke at 12 months, rate of total heart failure events up to 24 months, and change in Kansas City Cardiomyopathy Questionnaire overall summary score at 12 months.

Atrial shunt device (n=309) Sham control (n=312) p value

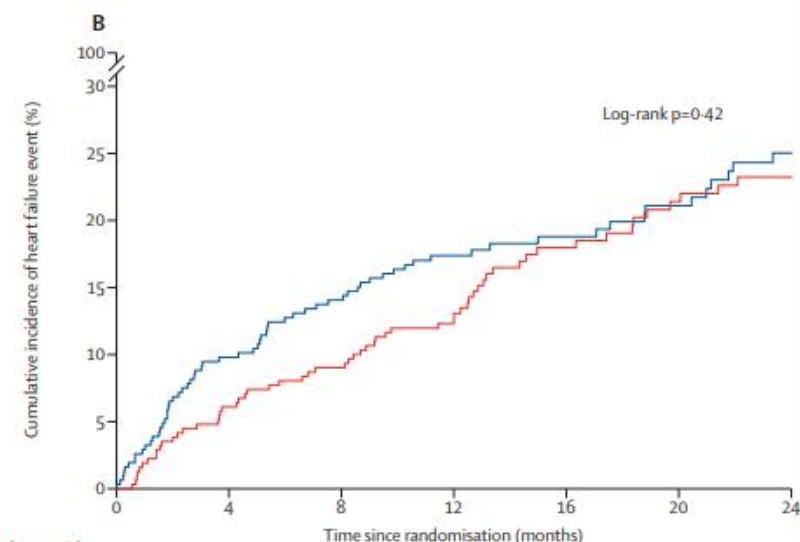
Primary endpoint

Finkelstein-Schoenfeld statistic, T (SE)	-780 (3998)	..	0.85
Probability of favourable distribution (95% CI)	0.50 (0.46 to 0.54)
Win ratio (95% CI)	1.0 (0.8 to 1.2)



Number at risk

Atrial shunt device	309	305	304	304	303	302	262
Sham procedure	312	312	308	307	306	304	264



Number at risk

	0	4	8	12	16	20	24
Atrial shunt device	309	275	262	214	148	129	89
Sham procedure	312	290	279	233	159	131	91

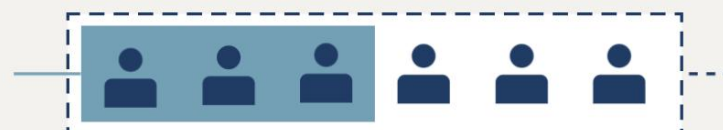
Resultados heterogéneos

Trial Outcome

50% of the study population benefited significantly from atrial shunt therapy despite an overall neutral trial^{2,3}

RESPONDER GROUP (n=313)

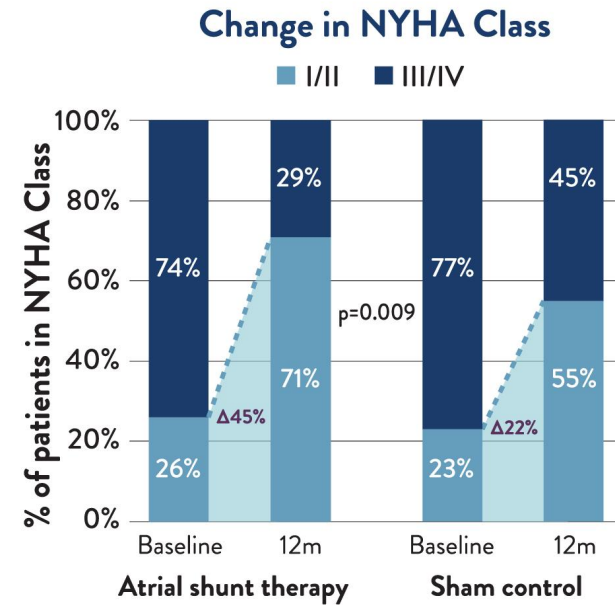
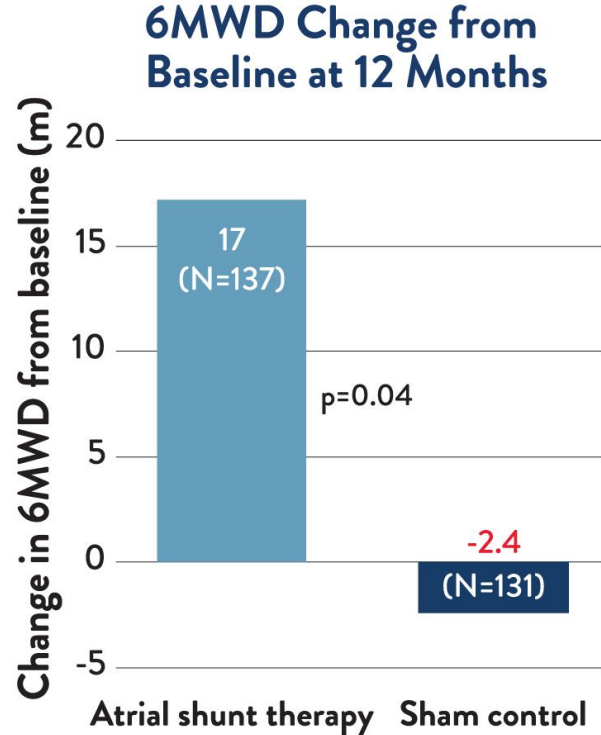
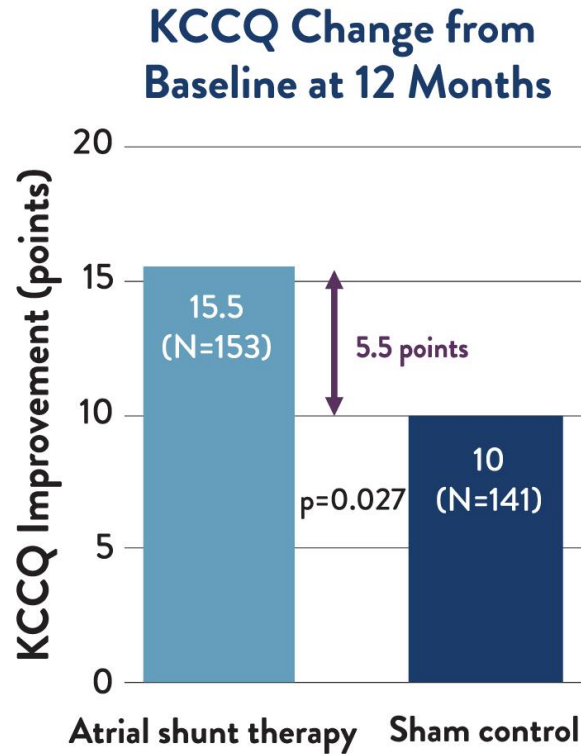
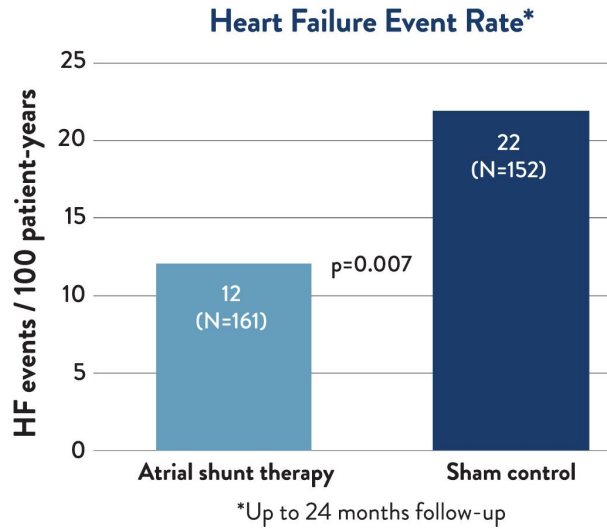
Positive outcome in patients with normal exercise PVR (<1.74 WU)⁴ and no cardiac rhythm device (win ratio⁵=1.5, p=0.004)

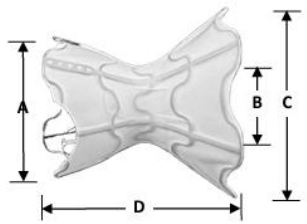


OVERALL POPULATION

Neutral primary outcome when including all patients (win ratio=1)

Resultados heterogéneos





Ventura Interatrial Shunt



Ventura delivery system

508 patients were randomized at 94 sites to receive
Shunt vs. sham procedure

ORIGINAL RESEARCH ARTICLE

Interatrial Shunt Treatment for Heart Failure: The Randomized RELIEVE-HF Trial

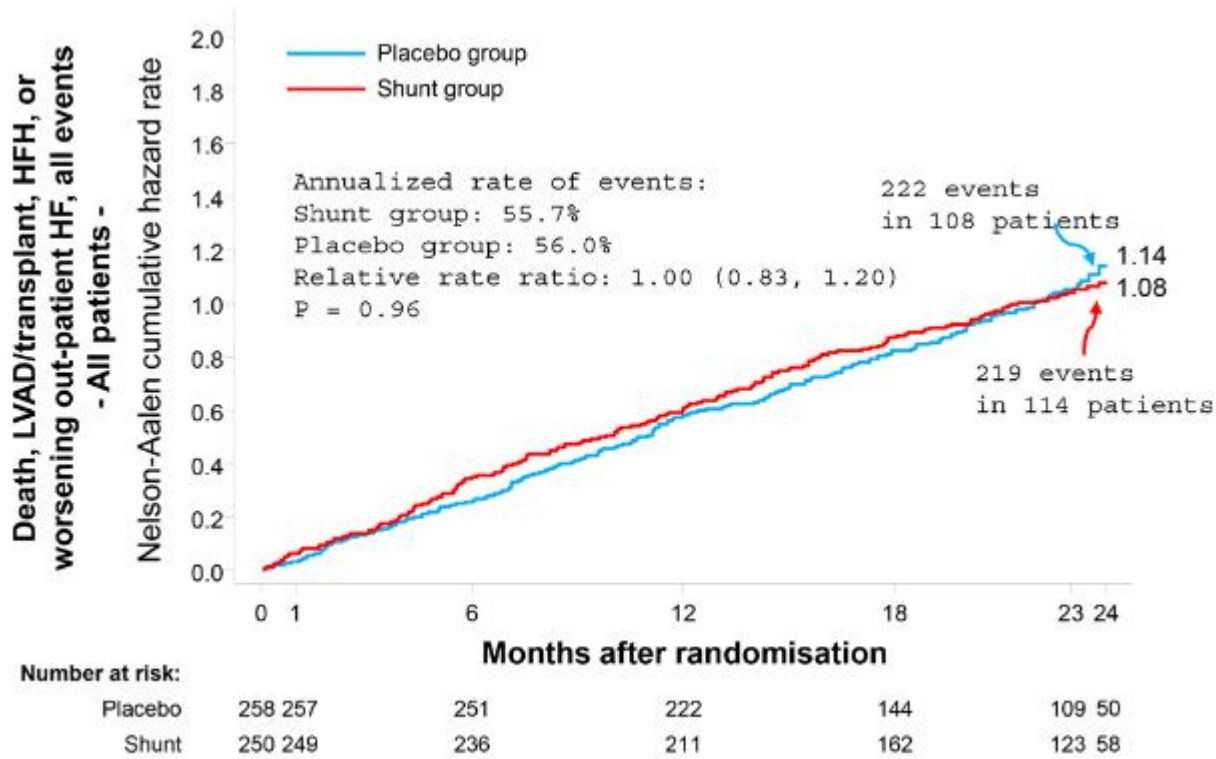
Gregg W. Stone, MD; JoAnn Lindenfeld, MD; Josep Rodés-Cabau, MD, PhD; Stefan D. Anker, MD, PhD; Michael R. Zile, MD; Saibal Kar, MD; Richard Holcomb, PhD; Michael P. Pfeiffer, MD; Antoni Bayes-Genis, MD; Jeroen J. Bax, MD, PhD; Alan J. Bank, MD; Maria Rosa Costanzo, MD; Stefan Verhey, MD; Ariel Roguin, MD, PhD; Gerasimos Filippatos, MD; Julio Núñez, MD; Elizabeth C. Lee, MD; Michal Laufer-Perl, MD; Gil Moravsky, MD; Sheldon E. Litwin, MD; Edgard Prihadi, MD; Hemal Gada, MD; Eugene S. Chung, MD; Matthew J. Price, MD; Vinay Thohan, MD; Dimitry Schewel, MD; Sachin Kumar, MD; Stephan Kische, MD; Kevin S. Shah, MD; Daniel J. Donovan, MD; Yiran Zhang, MS; Neal L. Eigler, MD; William T. Abraham, MD; on behalf of the RELIEVE-HF Investigators*

Characteristics	Shunt group (n=250)	Placebo group (n=258)
Age, y	74.0 (67.0, 79.0)	72.0 (65.0, 78.0)
Sex, male	162 (64.8)	157 (60.9)
Race, White	227 (90.8)	232 (89.9)
Ethnicity, Hispanic	20 (8.0)	26 (10.1)
Body mass index, kg/m ²	30.0 (25.6, 34.9)	30.3 (26.2, 36.0)
Diabetes	124 (49.6)	125 (48.4)
Insulin-treated	49 (19.6)	48 (18.6)
Hypertension	209 (83.6)	216 (83.7)
Hyperlipidemia	201 (80.4)	195 (75.6)
Current or previous smoker	133 (53.2)	137 (53.1)
Previous stroke or transient ischemic attack	43 (17.2)	48 (18.6)
Chronic obstructive lung disease	43 (17.2)	52 (20.2)
Ischemic cardiomyopathy	114 (45.6)	120 (46.5)
Nonischemic cardiomyopathy	136 (54.4)	138 (53.5)
At least one HFH in the previous year	128 (51.2)	127 (49.2)
Known coronary artery disease	169 (67.6)	160 (62.0)
Previous myocardial infarction	104 (41.6)	103 (39.9)
Previous PCI	103 (41.2)	96 (37.2)
Previous CABG	65 (26.0)	58 (22.5)
History of atrial fibrillation or flutter	170 (60.8)	159 (61.2)
Baseline rhythm is atrial fibrillation or flutter	76 (30.4)	64 (24.8)
ICD or CRT-D	115 (46.0)	123 (47.7)
CRT-D or CRT-P	70 (28.0)	59 (22.9)
NYHA class		
I	0 (0.0)	0 (0.0)
II	9 (3.6)	7 (2.7)
III	239 (95.6)	251 (97.3)
IV	2 (0.8)	0 (0.0)
KCCQ-OSS	52.1 (35.4, 66.9)	50.8 (34.6, 66.4)
Six-minute walk distance	264.8 (195.5, 325.0)	270.9 (198.0, 330.0)
LVEF (biplane, core laboratory assessment), %	45.4 (33.4, 58.9)	45.3 (33.3, 57.4)
≤40% (reduced LVEF)	101/250 (40.4)	105/258 (40.7)
>40% (preserved LVEF)	149/250 (59.6)	153/258 (59.3)
Troponin I or T >ULN	79/227 (34.8)	109/240 (45.4)
B-type natriuretic peptide	237.9 (117.2, 412.5)	221.0 (101.0, 518.3)

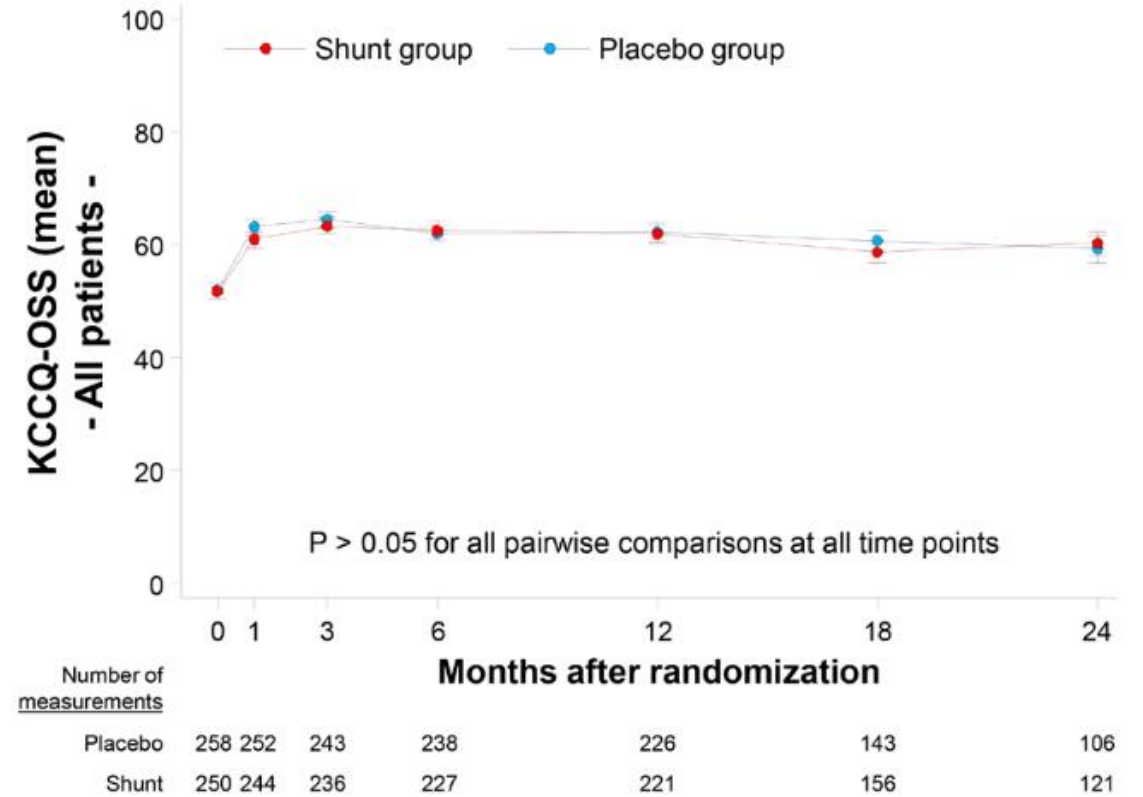
NT-proBNP ≈ 2000 p

Circulation.
2024;150:00-00

A



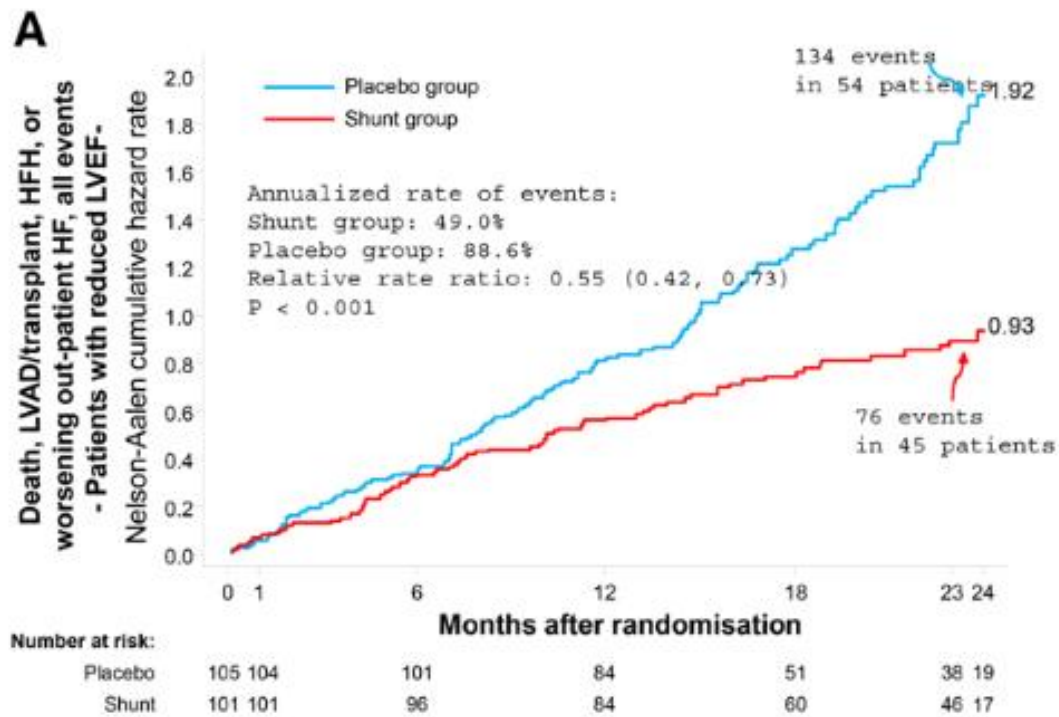
B



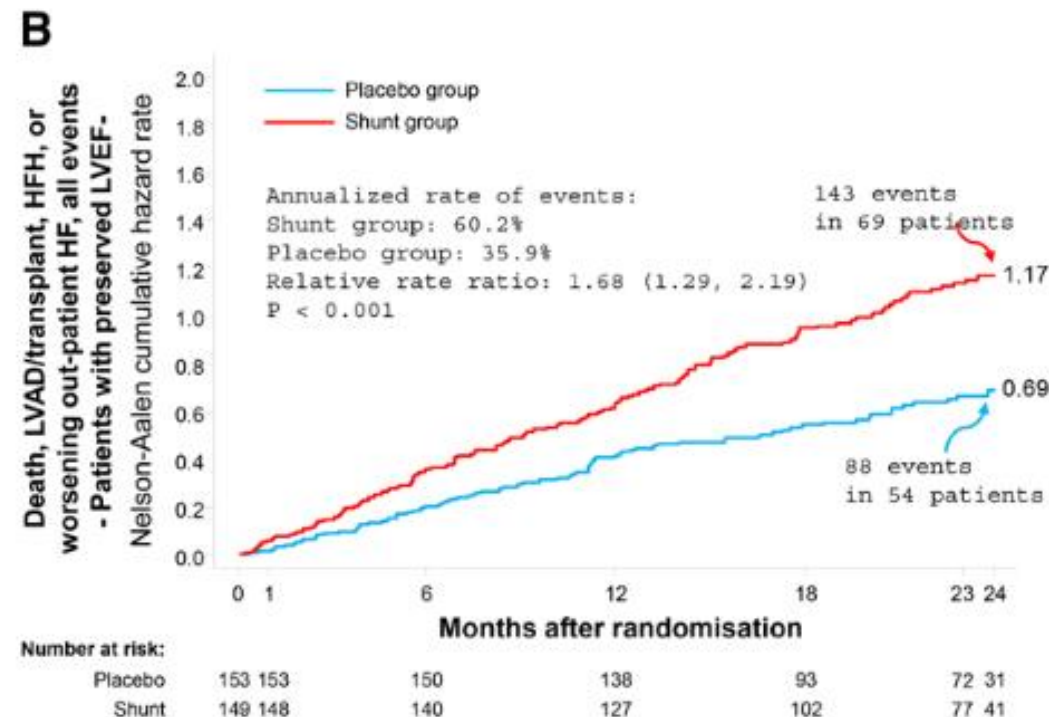
Resultados heterogéneos

HFrEF

HFpEF



Reducción del riesgo del 45%

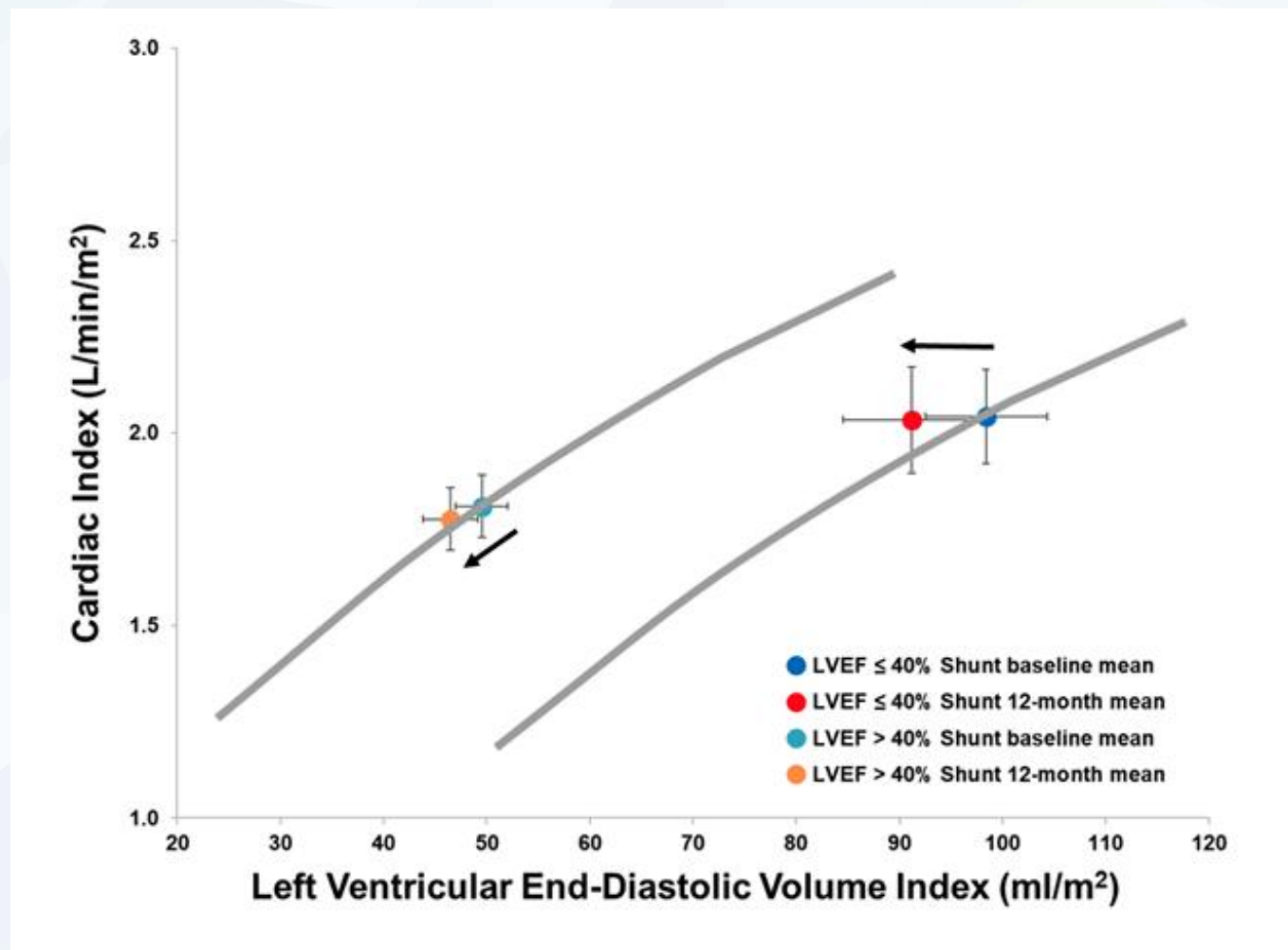


Incremento del riesgo del 68%

¿Por qué deletéreo en ICFEP?

	Heart failure with reduced ejection fraction (≤40%)			Heart failure with preserved ejection fraction (>40%)		
	Shunt group (N=86)	Placebo group (N=84)	Difference [95% CI]	Shunt group (N=124)	Placebo group (N=138)	Difference [95% CI]
Left ventricular end-diastolic volume (biplane), mL	177.0 (144.0, 225.0)	176.0 (139.0, 230.5)	-0.8 [-21.0, 19.5] ¹	89.0 (68.0, 113.5)	98.0 (74.5, 136.3)	-10.3 [-19.5, -1.0] ¹
Left ventricular end-systolic volume (biplane), mL	118.5 (91.0, 163.0)	120.5 (88.5, 165.5)	-1.8 [-18.5, 15.0] ¹	37.5 (26.5, 52.3)	43.5 (28.0, 62.8)	-4.8 [-10.0, 0.5] ¹
Left ventricular ejection fraction (biplane), %	32.4 (25.5, 39.1) 32.9 ± 8.9	29.5 (25.3, 39.1) 32.0 ± 9.0	0.9 [-2.0, 3.7] ²	57.6 (50.1, 63.0) 56.2 ± 9.1	56.6 (48.8, 61.9) 55.2 ± 9.3	0.8 [-1.4, 3.1] ²
Left atrial volume (biplane), mL	84.5 (61.5, 108.5)	80.5 (57.5, 102.5)	3.5 [-6.5, 13.5] ¹	77.8 (63.0, 91.5)	71.0 (57.5, 91.5)	3.8 [-2.5, 10.0] ¹
Stroke volume, mL	54.0 (43.0, 70.0)	56.0 (41.0, 65.0)	1.0 [-5.0, 7.0] ¹	49.0 (37.0, 60.0)	52.0 (42.0, 67.0)	-5.0 [-9.0, -1.0] ¹
Stroke volume index, mL/m ²	28.4 (20.7, 34.0)	25.8 (19.7, 32.3)	1.2 [-1.5, 3.9] ¹	24.3 (19.9, 29.0)	27.0 (21.7, 32.7)	-2.3 [-4.3, -0.4] ¹
Cardiac output, L/min	3.74 (2.94, 4.74)	3.91 (2.85, 4.78)	0.11 [-0.54, 0.33] ¹	3.34 (2.60, 3.92)	3.61 (2.88, 4.52)	-0.37 [-0.67, -0.07] ¹
Cardiac index, L/min/m ²	1.89 (1.38, 2.28)	1.94 (1.39, 2.26)	0.01 [-0.21, 0.18] ¹	1.65 (1.34, 1.93)	1.84 (1.50, 2.18)	-0.18 [-0.30, -0.06] ¹
Right ventricular fractional area change, %	37.5 (34.5, 42.9)	35.9 (30.4, 40.0)	2.2 [0.0, 4.4] ¹	40.0 (35.3, 43.8)	39.5 (35.3, 43.8)	0.4 [-1.2, 1.9] ¹
Tricuspid annular plane systolic excursion, mm	17.0 (14.0, 19.0)	15.0 (13.0, 19.0)	1.0 [0.0, 2.0] ¹	18.0 (14.0, 21.0)	17.0 (15.0, 20.0)	0.0 [-1.0, 1.0] ¹
Pulmonary artery systolic pressure, mmHg	30.0 (23.0, 41.5)	32.0 (23.0, 40.0)	-0.5 [-5.0, 4.0] ¹	37.0 (31.0, 44.0)	31.0 (24.0, 37.0)	6.0 [3.0, 9.0] ¹
Right ventricular end-diastolic area index, cm ² /m ²	10.2 (8.8, 13.4)	10.2 (7.9, 12.2)	0.6 [-0.4, 1.6] ¹	10.2 (9.0, 12.6)	9.5 (7.8, 11.7)	0.9 [0.2, 1.5] ¹
Inferior vena cava diameter max, cm	1.7 (1.2, 2.0)	1.6 (1.2, 2.0)	0.0 [-0.2, 0.2] ¹	1.8 (1.4, 2.2)	1.5 (1.2, 1.9)	0.3 [0.1, 0.4] ¹
Mitral regurgitation moderate or greater	12/86 (14.0%)	8/84 (9.5%)	4.4 [-5.2, 14.1] ²	11/123 (8.9%)	15/138 (10.9%)	-1.9 [-9.2, 5.3] ²
Tricuspid regurgitation moderate or greater	7/86 (8.1%)	8/81 (9.9%)	-1.7 [-10.4, 7.0] ²	26/123 (21.1%)	16/137 (11.7%)	9.5 [0.5, 18.5] ²

¿Por qué deletéreo en IC FEP?



IAS PIVOTAL Trials – “Finding the Strike zone”



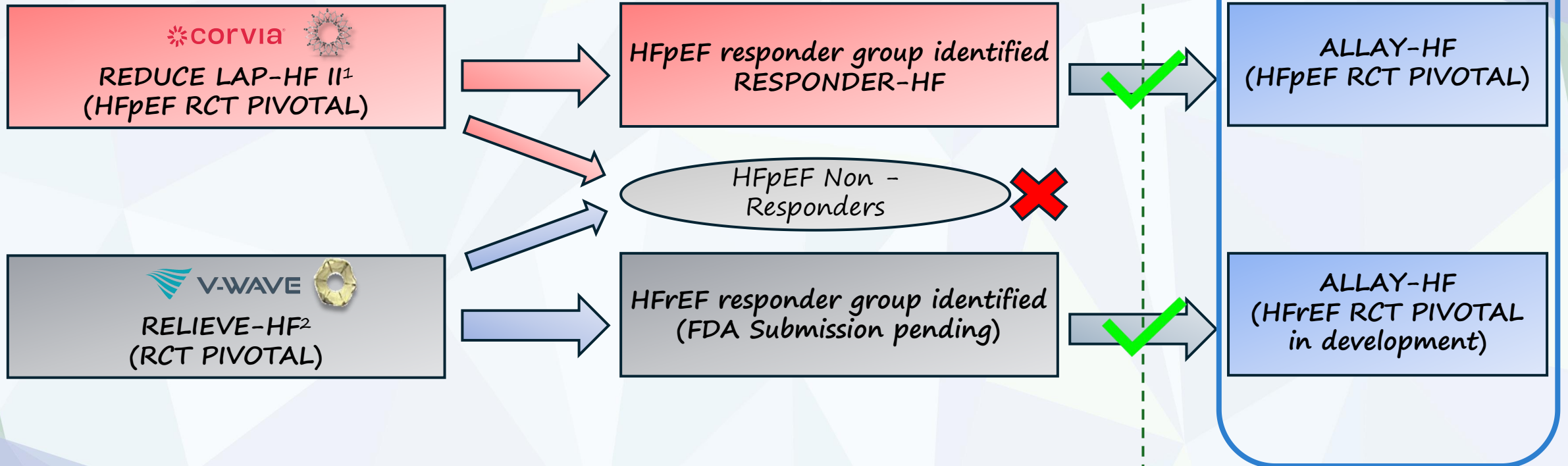
Too early:
Cannot show benefit

Too Late:
Vulnerable RV, PV
Sx beyond LAP

*Precision medicine: inclusion if exercise right heart catheterization**

1. Elevated left atrial pressure during exercise right heart catheterization (greater than or equal to 25 mmHg)
2. Exercise PVR < 1.8 WU

What Insights have we gained?



ALLAY-HF capitalizing on key learnings from Corvia & V-Wave

1. REDUCE LAP-HF II: NCT03088033

2. RELIEVE-HF: NCT03499236

*El shunt inter-atrial emerge como estrategia de tratamiento promisorio en:
Pacientes con ICFEr tratamiento médico óptimo que persisten muy sintomáticos*

*En ICFEp, futuros estudios en paciente con predominio de IC izquierda
y ausencia de remodelado vascular pulmonar significativo desvelarán su utilidad*